The juggernaut of term three is starting to hit its straps with many students involved in major decision making through subject selection or major tasks due in the near future. With the trial exams complete, Year 12 need to listen to the feedback given by their teachers, focus on the completion of their courses and revise for the HSC. With Year 11 commencing their Preliminary Exams in week 9, both years should be utilising the “Elevate” study skills information and suggestions in their preparation. Many Year 12 students are also heavily involved in the submission of HSC major projects.

We have had a large number of student successes already this term. Adam Whicker in Year 12 has been selected in the senior Wind Band, rehearsing at the Opera House and then performing at the State Instrumental Festival on Monday 26th and Tuesday 27th August. Sam Humphries and Jesse Thompson have shown their skills in rugby union by both being selected in the Lloyd McDermott Tour to the Gold Coast. Jesse will be well travelled when he returns from a tour to France at the end of the year. Twelve students have progressed to CHS athletics in Sydney in individual events as well as three relay teams after competing at the Riverina athletics carnival in Albury. Fantastic results for KHS and our talented students.

Josh Preston has returned from an athletics tour of Canada with two silver and two bronze medals. Shaun Moffat has been selected in the State Soccer Talent Squad for a development camp. Max Housden and Mikaila Bedgood received $250 from the Daily Advertiser Youth Scholarship program to help with their education. Lisa Baker achieved a bronze medal at the National Capital Dance Sport competition in Modern Ballroom and New Vogue styles. What an exceptional group of students who have applied themselves with distinction and honour in achieving such outstanding results.

Everyone is encouraged to keep focused and apply themselves consistently to their work – positive results will come.

“While we try and teach our children all about life, our children teach us what life is all about.”
Angela Schwindt

~Upcoming Events~

Monday 26th August
Parent / Teacher Night
Years 7 — 11

Monday 2nd September
Taster Day Year 5 KPS

Tuesday 3rd September
Taster Day Year 5 Sturt

Monday 9th September
Taster Day Year 5 LAPS

Healthy Living Programme

A new Breakfast Club has begun operating on Friday mornings at Kooringal High School with the aim of promoting healthy eating habits. The club will operate each Friday from 8:15am – 8:45am and will be staffed by rostered teacher volunteers and students from the senior leadership group. Students will be provided with a healthy breakfast consisting of cereal, toast and a hot drink.

Canteen may close some days

We urgently need help at recess and lunch to serve only. No food preparation is involved and lunch is provided.

Money raised by our canteen goes to purchase resources such as equipment for classrooms, music and sport equipment, and textbooks, all of which our students at KHS benefit from.

So far this year the canteen has raised $30,000.

Please phone Gail on 69224286 if you can help.
Riverina Athletics Carnival 2013

On Friday, 27th July, approximately 45 athletes from Kooringal High travelled to Alexandra Park in Albury to compete in the Riverina Athletics Carnival. It began as a foggy, freezing cold morning but by 2pm most of us could feel our toes again! Every single one of our athletes was a fantastic ambassador for our school, all competing to the best of their ability on the day. Huge congratulations must go to all of you!! Also, a big thankyou to the large contingent of parents who brought the students along – KHS was indeed well represented in this regard too.

Whilst we are still waiting on confirmation of a few entries to events that are not conducted at the Riverina Carnival, at this stage the following athletes have made it all the way through to State! Our extra special congratulations must go to these students along with our best wishes for when you compete at the carnival in September.

Antoinette Aboagye Fordjour 13Y Girls Shot Put & Long Jump
Matthew Crouch 15 Y Triple Jump
Sophie Crouch 12 Y 100 & 200M
Michael Cummins 17 Y High Jump
Jacob Greenhalgh 14 Y Javelin
Jackson Hughes 13 Y Long Jump
George Kendall 13 Y Discus
Lachlan Kendall 15 Y & Under 3000M & Discus
Kelsey Leaver 16 Y 800M
Kate Nechvatal 14 Y Long Jump
Emma Nielsen 12 Y 800M, Long Jump & High Jump
Joshua Preston 16 Y Long Jump & Triple Jump
12 Y Girls 4 x 100M Relay Team (Sophie Crouch, Shiann Fisher, Hannah Giandomenico & Emma Nielsen)
13 Y Girls 4 x 100M Relay Team (Antoinette Aboagye Fordjour, Caitlin Lucas, Melinda Luff & Ellen McIntyre)
17 Y Boys 4 x 100M Relay Team (Ethan O’Donnell, Thomas Jennings, Jack Skinner & Joshua Preston)

Mrs H Schmetzer & Mrs E Davies

Tell Them from Me student survey

Our school has been selected to participate in a Department of Education and Communities pilot of the Tell Them from Me student survey. The survey aims to help improve student learning outcomes and measures factors that are known to affect academic achievement and other student outcomes. The focus of the NSW pilot project is on student wellbeing, engagement and effective teaching practices.


The survey will provide our school with valuable and quick feedback on what our students think about school life, how engaged they are with school and the different ways that teachers interact with them. Schools in Australia and around the world have used the Tell Them from Me survey to help improve how they do things at school.

I want to assure you that the survey is anonymous and students cannot be identified by their responses. The survey is conducted online and will take around 30 minutes to complete. It will be administered during school hours to year 7 & 9 only between 19th August and 6th September.
Year 12 fundraising Raffle

Year 12 are currently running a raffle to raise funds. Prizes include a $500 voucher at Masters Home Improvement Centre, a 32 in Samsung TV from The Good Guys and $100 voucher also from Masters. Tickets are $2 each, and are available from year 12 students and the school canteen. Drawn Thursday 19th September at KHS.

Student Medical Forms

During Terms 3 and 4 we will be updating our medical records systems to ensure we have the most up-to-date information on your child’s health. If you have a child with a medical condition you will receive a copy of the new forms in the mail and will need to fill them out and return them to us as soon as you can. The good news is we have already started collecting some of this information, which means there is less for you to do. The new forms will help us collect your child’s important medical information and the introduction of new systems will mean we’ll be able to better manage the daily and emergency health needs of your child. We appreciate your support as we start collecting the information, and if you have any questions please call.
CSU Creative Writing Competition

Year 10, 11 and 12 students can show they’ve got the “write” stuff with the inaugural CSU Creative Writing Competition. Entries are now being taken for the competition, which is open to all school students aged 16 to 18 (from the 1st of January in the year they turn 16 to the 31st December of the year they turn 18), and four cash prizes of $250 are up for grabs. Students are asked to submit a creating writing piece, (story, poem, script, blog, etc) of no more than 1,000 words exploring one or more of the competition themes; family values, cultural experiences or social challenges. The competition closes September 20, and winners will be announced on November 5. Entries can be emailed to csu-hum@csu.edu.au. Visit www.csu.edu.au/cwc for more details.

Safer Driver Course

The Safer Drivers Course combines theory and practice for learner drivers under 25 years old who have completed 50 log book driving hours.

The course costs $140 and the 5 hour course gives learners a log book credit of 20 hours.

The first course for PCYC Wagga Wagga is to be held from 09:00am—12:00 on Saturday 17th August, 2013. To enrol in this and future courses email your details and interest to Jenny Davidson at: saferdriverscourse@pcyc.nsw.org.au

LEARN ABOUT YOURSELF!

As Marcel Proust, a late 19th century novelist wrote: “the real voyage of discovery consists not in seeking new landscapes but in having new eyes”. Volunteer to host an international high school student arriving into Australia in February 2014 through Southern Cross Cultural Exchange and prepare to be amazed at the way this unique and rewarding opportunity helps your family to become closer, to understand themselves better and to see the world in a new light.

Carefully selected students will arrive in February for one term, one semester or two semesters from France, Italy, Germany, Austria, Sweden, Norway, Denmark, Finland, the U.S.A, South America and Japan. They will attend a local secondary school, arrive with their own spending money and comprehensive insurance cover – all arranged by Southern Cross Cultural Exchange. Visit us at our website www.sccc.com.au, email scceast@scce.com.au or call us toll free on 1800 500 501, request our international student profiles, and capture the spirit of family and friendship.

Cheap prices make lending a hand easy!*

volunteer abroad

If you have always wanted to give something back to the environment, provide aid to citizens in a third world or emerging country, work overseas or have the ability to express yourself in a second language, then our 18 programs are perfect for you. For more information call 1300 884 733

volunteering

Work & Travel

Language Courses

Travel Overseas

*Volunteer Abroad has entry level prices lower than other Australian based companies offering similar programs.

www.volunteerabroad.com.au

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Madison Turner
Voting for me would be the best option because I’m:
Open and friendly
Trained peer mediator
Excited to represent Kooringal High School
Mental Health youth forum attendee
Assistant Stage Manager for KANKER
Decent public speaker
Interested in helping you
Senior leadership and SRC member
Over the moon to be a candidate
Needless to say, I’d be great for the job!

Madison Harvey
Hi there! I’m Madison Harvey, proud peer mediator and proud to be involved with activities such as; production, choir, debating and sports. Serving the school and working with students, staff and parents is something I look forward to achieving and to represent the Kooringal High community will be a privilege as an enthusiastic school captain.

Emily Ramsay
I don't sing, dance or act but since starting at Kooringal High School, I have been involved in the Katrina Powell Softball team, the SRC, Senior Leadership and I was Stage Manager for this year’s production 'Kanker'. Being a part of the Katrina Powell Shield showed me what it is like to work in a team with people of different ages and personalities. Working as Stage Manager for 'Kanker' taught me what it is like to be a leader and a listener to a large group. These have shown me what it is to be a good leader. Thanks and vote 1 for Emily.

Paige Ferguson
Vote 1 for Paige Ferguson
I am the friendly fun but effective person to lead KHS and get things done. I’m a forward thinker and an organiser. I can be found amongst the community and charity work, happy to help where I can.
A regular blood donor, canteen assistant- keeping it open for you, & swimming a few laps for a worthy charity to name just a few. And the school production means a lot so I’ve been in a few of them too.
Personable, proactive Paige, will do the job for you
Mikhaila Bedgood
Hello, my name is Mikhaila Bedgood. Since Yr 7 I have been swimming age champion, been involved in production, debating, senior leadership, peer mediation and countless volunteering programs. I am a Senior Youth Group Volunteer at Riding for the Disabled. Because of my willingness to help people, the community and KHS, I think that I would be a good captain.

Kate Elliott-Rudder
I love Kooringal High; it has given me the opportunity to get involved in SRC, the production, netball, Oztag, Toastmasters, the Breakfast Club and more. I have the organisational skills, I have the passion, and most importantly I have the Krispy Kremes to make me the right person for the job. Vote One Kate, for someone who will do the hard yards.

Meg O’Donnell
Do you want a School Captain who will be enthusiastic, determined and a SMASHING leader of our school? Someone who has been involved in the SRC and is a member of “Toast Masters”: an International Leadership Program? A dedicated student who is not afraid to sacrifice life and limb in the odd sporting event, musical or fundraiser? Voting for Meg O’Donnell means you will get a School Captain who can live up to all of that! So...you know what you have to do. VOTE ONE FOR MEG O’DONNELL
Darby Savage
My name is Darby Savage and I have always been an active member of Kooringal High. I've worked my hardest to be a representative on the SRC, Regional and State debate teams, Junior and Senior leadership and the school production. As part of these teams I have had many opportunities to get to know many students. Working in the school and the community has always been very important to me.

Fraser Noack
G’day, my name is Fraser Noack. I’m not afraid to “roll up my sleeves - and have a go,” for Kooringal High School. Whether representing it at AFL, Cricket, Golf, Swimming, Soccer and even pitching in to help at different Community events. Participating in all of these events has been a privilege, but it has also taught me a lot about what is required to be a good leader. I believe that a good leader must be the one to inspire, empower and encourage those around him. So, when you place your number 1 vote – remember, that Fraser Noack is your bloke!

Christopher Barron
Hey I’m Chris.
I have been at KHS since Year 7 so I would know what is expected of me as School Captain. I have been involved in many activities around the school such as KHS productions, Tournament of the Minds, Vampire Shield and many more; this helps me interact with people in many different ways around the school. I like to think that I’m friendly, outgoing and willing to help out. So vote 1 Chris Barron

Peter Forbes-Taber
Hey guys, my name is Pete Forbes-Taber, and I think I would make an awesome captain for KHS. I have represented the school in numerous sports, my largest one being Basketball and I have also been in the bands for the school musicals. Whether it is playing wicked guitar solos, or jumping my BMX, I always give 100%, and that is what being a captain is about. So vote 1: Pete :)

Bradley Campbell
Hi, I’m Brad.
I believe that I am a great role model for the school. My achievements and contributions to the school include being a SRC member, a current member of Senior Leadership, participating in peer mediation and helping raise money for Haiti and Pakistan. I think it is important to participate in events and student organisations in the school because it shows a person’s potential to succeed in life and get recognition. I have been at Kooringal High since the start of year 7 and I am friendly and approachable. So vote #1 Brad!